

Month	Date	Activity	Organisator	Place	Country	Disciplines						
						PF	LC	KL	FC	LK	K1	MF
Jan	21. - 22.01	Golden Glove Cup	WAKO	Venice	Italy	PF	LC	KL	FC			
	21.01	LC Junior National Team, 1. Training, Time 10:00 - 12:00	Bernauer Stefan/Eichenberger Kevin	Burg	CH		LC					
	24.01	PF National Team Adults & Juniors, 1. Training, Time: 19:00 - 21:00	Bürge Riccardo/Faggiano Andrea/Gerini Omar	Wohlen/ Kickboxing Wohlen	CH	PF						
	28.01	LC National Team, 1. Training, Time 10:00 - 13:30	Francioni Roger/Elmiger Sabrina	Sursee/ Kickboxing Sursee	CH		LC	KL				
Feb	04.02	Pointtraining SCOS	SCOS	Solothurn	CH					LK		
	04. - 05.02	Athens Challenge	WAKO	Athen	Greece	PF	LC	KL		LK		MF
	10. - 12.02	Karlovac Open	WAKO	Karlovac	Croatia	PF	LC	KL	FC	LK		MF
	11.02	1. Self-Defense Course, Sursee, Time: 10:00 - 12:30	Siegrist Max	Sursee/ Kickboxing Sursee	CH	PF	LC	KL	FC	LK		MF
	11.02	Offener Bayern Pokal	WAKO	Rödentel	Germany	PF	LC	KL	FC	LK		MF
	14.02	PF National Team Adults & Juniors, 2. Training, Time: 19:00 - 21:00	Bürge Riccardo/Faggiano Andrea/Gerini Omar	Wohlen/ Kickboxing Wohlen	CH	PF						
	18. - 19.02	Offener Ebern Pokal	WAKO	Eberswalde	Germany	PF	LC	KL				
	25.02	1. Quali SCOS	SCOS/ Kickboxing Uzwil	Niederuzwil	CH					LK		
	25.02	Top Ten Open	WAKO	Lünen	Germany	PF						
	25.02	LC National Team, 2. Training, Time 10:00 - 13:30	Francioni Roger/Elmiger Sabrina	Sursee/ Kickboxing Sursee	CH		LC	KL				
	25.02	Self-Defense Course 1, Bern, Time: 13:30 - 16:00	Santschi Andreas	Bern/ Nippon Bern	CH	PF	LC	KL	FC	LK		MF
Mar	03. - 05.03	Irish Open	WAKO	Dublin	Ireland	PF	LC		FC		K1	MF
	04.03	2. Self-Defense Course, Sursee, Time: 10:00 - 12:30	Siegrist Max	Sursee/ Kickboxing Sursee	CH	PF	LC	KL	FC	LK		MF
	04.03	1. Kuatsu Course, Sursee, Time: 13:30 - 16:00	Siegrist Max	Sursee/ Kickboxing Sursee	CH	PF	LC	KL	FC	LK		MF
	04.03	1. Sparringtreff Low Kick	Gruber Franz/ Aliu Adrian	Nidau/Biel	CH					LK		
	11.03	Delegated Meeting (DV)	WAKO Switzerland	Zürich	CH							
	11.03	LC Junior National Team, 2. Training, Time 10:00 - 12:00	Bernauer Stefan	Burg	CH		LC					
	17. - 19.03	German Open	WAKO	München	Germany	PF	LC	KL	FC	LK	K1	MF
	19.03	40. Reinacher Cup, CH Meisterschaften & Qualifikation Low Kick	WAKO/ Wymental Kickboxing Team	Reinach	CH	PF	LC	KL		LK		MF
	25. - 26.03	PF National Team Seminar	WAKO CH/ Faggiano Andrea/Bürge Riccardo	Wohlen/ Kickboxing Wohlen	CH	PF						
	25.03	2. Quali SCOS	SCOS/ Zensportsschule Illnau	Volketswil	CH					LK		
	Apr	01.04	1. Mastergrade Pre-Exam	WAKO Switzerland	Sursee/ Kickboxing Sursee	CH	PF	LC	KL	FC	LK	
01. - 02.04		Point Fighting Cup	WAKO	Milano	Italy	PF						
01. - 02.04		LC National Team, 3. Training (condi-test), afternoon	Francioni Roger	Zürich/ MKC Zürich	CH		LC	KL				
04.04		PF National Team Adults & Juniors, 3. Training, Time: 19:00 - 21:00	Bürge Riccardo/Faggiano Andrea/Gerini Omar	Wohlen/ Kickboxing Wohlen	CH	PF						
04. - 09.04		Turkish Open	WAKO	Antalya	Turkey	PF	LC	KL	FC	LK		
07. - 08.04		Yokoso Dutch Open	WAKO	Amstelveen	Netherlands	PF	LC				K1	MF
08.04		FC National Team, 1. Training Fitness Test (condition)	Gruber Franz	Brig/ StarForce Gym	CH					LK	K1	
15.04		FC National Team, 2. Training	Gruber Franz	Brig/ StarForce Gym	CH					LK	K1	
20. - 23.04		The Austrian Classics	WAKO	Innsbruck	Austria	PF	LC	KL	FC		K1	
29.04		3. Self-Defense Course, Sursee, Time: 10:00 - 12:30	Siegrist Max	Sursee/ Kickboxing Sursee	CH	PF	LC	KL	FC	LK		MF
29.04		3. Quali SCOS	SCOS/ Fight Move Academy	Neuchatel	CH					LK		
May	02.05	PF National Team Adults & Juniors, 4. Training, Time: 19:00 - 21:00	Bürge Riccardo/Faggiano Andrea/Gerini Omar	Wohlen/ Kickboxing Wohlen	CH	PF						
	06.05	LC National Team, 4. Training	Francioni Roger/Elmiger Sabrina	Sursee/ Kickboxing Sursee	CH		LC	KL				
	18. - 21.05	Hungarian World Cup	WAKO	Budapest	Hungary	PF	LC	KL	FC	LK	K1	
	20.05	Self-Defense Course 2, Bern, Time: 13:30 - 16:00	Santschi Andreas	Bern/ Nippon Bern	CH	PF	LC	KL	FC	LK		MF
	20.05	PF National Team Adults & Juniors, Kader-Training, Time: 10:00-16:00	Bürge Riccardo/Faggiano Andrea/Gerini Omar	Zürich/ Asia Sport Center	CH	PF						
	27.05	4. Self-Defense Course, Sursee, Time: 10:00 - 12:30	Siegrist Max	Sursee/ Kickboxing Sursee	CH	PF	LC	KL	FC	LK		MF
27.05	4. Quali SCOS	SCOS/ Raion Dojo Solothurn	Solothurn	CH					LK			
June	11.06	7. Cup di Ascona, CH Meisterschaften & Qualifikation Low Kick	WAKO/ Kickboxing Ascona	Ascona	CH	PF	LC	KL		LK		MF
	16. - 18.06	Bestfighter	WAKO	Rimini	Italy	PF	LC	KL	FC	LK	K1	MF
	17.06	1. Mastergrade Main Exam	WAKO Switzerland	Sursee/ Kickboxing Sursee	CH	PF	LC	KL	FC	LK		MF
	17.06	5. Quali SCOS	SCOS/ Pitbull Möhlin	Brugg	CH					LK		
	20.06	PF National Team Adults & Juniors, 5. Training, Time: 19:00 - 21:00	Bürge Riccardo/Faggiano Andrea/Gerini Omar	Wohlen/ Kickboxing Wohlen	CH	PF						
	24.06	LC National Team, 5. Training	Francioni Roger/Elmiger Sabrina	Sursee/ Kickboxing Sursee	CH		LC	KL				
	25.06	7. Umer Cup, CH Meisterschaften & Qualifikation Low Kick	WAKO/ Kampfsportschule Uri	Uri	CH	PF	LC	KL		LK		MF
July	01. - 02.07	Heroes of Hamburg	WAKO	Barsbüttel	Germany	PF	LC	KL	FC	LK		MF
	24. - 28.07	WGA World Games (K1Rules)	WAKO	Wroclaw	Poland						K1	
	29.07	LC Junior National Team, 4. Training EM, 10:00 - 12:00	Bernauer Stefan	Burg	CH		LC					
Aug	12.08	LC Junior National Team, 5. Training EM, 10:00 - 12:00	Bernauer Stefan	Burg	CH		LC					
	12.08	PF National Team Adults & Juniors, Kader-Training, Time: 10:00-16:00	Bürge Riccardo/Faggiano Andrea/Gerini Omar	Zürich/ Asia Sport Center	CH	PF						
	19.08	Self-Defense Course 3, Bern, Time: 13:30 - 16:00	Santschi Andreas	Bern/ Nippon Bern	CH	PF	LC	KL	FC	LK		MF
	26.08	LC National Team, 6. Training (condi-test) afternoon	Francioni Roger	Zürich/ MKC Zürich	CH		LC	KL				
26.08	LC Junior National Team, 6. Training EM, 10:00 - 12:00	Bernauer Stefan/Eichenberger Kevin	Burg	CH		LC						
Sept	02. - 10.09	European Championships Juniors & Cadets	WAKO	Skopje	F.Y.R. Macedonia	PF	LC	KL	FC	LK		MF
	02.09	5. Self-Defense Course, Sursee, Time: 10:00 - 12:30	Siegrist Max	Sursee/ Kickboxing Sursee	CH	PF	LC	KL	FC	LK		MF
	02.09	2. Kuatsu Course, Sursee, Time: 13:30 - 16:00	Siegrist Max	Sursee/ Kickboxing Sursee	CH	PF	LC	KL	FC	LK		MF
	09.09	LC National Team, 7. Training	Francioni Roger/Elmiger Sabrina	Sursee/ Kickboxing Sursee	CH		LC	KL				
	10.09	8. Umer Cup, CH-Meisterschaften & Qualifikation Low Kick	WAKO/ Kampfsportschule Uri	Uri	CH	PF	LC	KL		LK		MF
	12.09	PF National Team Adults, 6. Training, Time: 19:00 - 21:00	Bürge Riccardo/Gerini Omar	Wohlen/ Kickboxing Wohlen	CH	PF						
	16. - 17.09	FC National Team, 3. Training Weekend	Gruber Franz	Brig	CH					LK	K1	
	23.09	6. Quali SCOS	SCOS/ Zensportsschule Aardorf	Aardorf	CH					LK		
	26.09	PF National Team Adults, 7. Training, Time: 19:00 - 21:00	Bürge Riccardo/Gerini Omar	Wohlen/ Kickboxing Wohlen	CH	PF						
	27. - 30.09	K1 European Cup	WAKO	Prague	Czech Republic						K1	
	Oct	01.10	3. Cup d'Yverdon, CH Meisterschaften & Qualifikation Low Kick	WAKO/ Champions Boxing Yverdon	Yverdon	CH	PF	LC	KL		LK	
07.10 - 08.10		Flanders Cup	WAKO	Beveren	Belgien	PF						
14.10		LC National Team, 8. Training	Francioni Roger/Elmiger Sabrina	Sursee/ Kickboxing Sursee	CH		LC	KL				
14.10		6. Self-Defense Course, Sursee, Time: 10:00 - 12:30	Siegrist Max	Sursee/ Kickboxing Sursee	CH	PF	LC	KL	FC	LK		MF
14.10		Self-Defense Exam, Sursee, Time: 13:30	Siegrist Max & others	Sursee/ Kickboxing Sursee	CH	PF	LC	KL	FC	LK		MF
21.10		Bavarian Open	WAKO	Altötting	Germany	PF	LC	KL	FC	LK		MF
21. - 29.10		World Championships Light, Low Kick, K1	WAKO	Fortaleza	Brasil		LC			LK	K1	
28.10		Low Kick Finale WAKO & Gala	WAKO/ StarForce Gym	Brig	CH					LK		
Nov	04.11	Finale SCOS	SCOS/ Star Gym Bern	Bern	CH					LK		
	07.11	PF National Team Adults, 8. Training, Time: 19:00 - 21:00	Bürge Riccardo/Gerini Omar	Wohlen/ Kickboxing Wohlen	CH	PF						
	11.11	PF National Team Adults, Kader-Training, Time: 10:00-16:00	Bürge Riccardo/Gerini Omar	Zürich/ Asia Sport Center	CH	PF						
	18.11	Self-Defense Course 4, Bern, Time: 13:30 - 16:00	Santschi Andreas	Bern/ Nippon Bern	CH	PF	LC	KL	FC	LK		MF
	18. - 26.11	World Championships PF, KL, FC, MF	WAKO	Budapest	Hungary	PF		KL	FC			MF
	25.11	LC Junior National Team, 7. Training, Time 10:00 - 12:00	Bernauer Stefan/Eichenberger Kevin	Burg	CH		LC					
Dec	09.12	Self-Defense Course 5, Bern, Time: 13:30 - 16:00	Santschi Andreas	Bern/ Nippon Bern	CH	PF	LC	KL	FC	LK		MF
	09.12	Self-Defense Exam, Bern, Time: 16:00	Santschi Andreas & others	Bern/ Nippon Bern	CH	PF	LC	KL	FC	LK		MF
PF		Point Fighting				International Tournaments						
LC		Light Contact				European and World Championships						
KL		Kick Light Contact	EMU WM			National Tournaments WAKO Switzerland: Swiss Cups & Swiss Championships						
FC		Full Contact (without Low Kick)				National Tournaments SCOS: Full Contact with Low Kick. Registrations only via SCOS						
LK		Low Kick (Full Contact with Low Kick)				Activities of the Swiss National Teams						
K1		K1-rules				Education and training for members						
MF		Musical Forms										